

## Come and join us for our *dementia* and *companionship* café!

For those with dementia, their families and their carers or anyone feeling isolated. Came along and join us for a brew and some activities!

Every second Wednesday 9:30-11am (from 24/05/23)

Pavilion Café, Williamson Park, LA1 1UX

experiences

Share

with people who understand!

Only during school term time

Meet new people, make new **friends!** 

Loneliness

is associated with a 40% increased risk of dementia.



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